
press Release

NEWS

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FOR IMMEDIATE RELEASE:

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HEALTH DEPARTMENT URGES RESIDENTS TO GET FLU VACCINATIONS

Free Vaccinations Available Tomorrow, Dec. 9th, and Dec. 16th At Burlington Center Mall

The Burlington County Health Department today renewed its appeal to County residents to protect themselves and their families by getting vaccinated against the flu.

To provide additional encouragement, the Health Department issued a reminder that it will be at the Burlington Center Mall **tomorrow**, December 9th, and again on December 16th, from 5 to 7 PM, on both days, providing free flu vaccinations to any county resident six months of age or older.

Flu season is starting to pick up in our area with the Centers for Disease Control and Prevention reporting sporadic flu activity, according to Burlington County Health Officer Robert Gogats.

“As you make ready for your family gatherings, stop by the Burlington Center Mall and get a free flu vaccine,” said Gogats. “This could be the best present you receive this year protecting yourself and your loved ones.”

In Burlington County, flu season usually peaks in January or beyond.

All residents are encouraged to receive a flu shot. However, it is crucial for many people who are at high risk for complications. This includes anyone over 50; children 6 months to 5 years old; and children and adults with chronic medical conditions such as diabetes or heart disease. Also at high risk are pregnant women and residents of nursing homes or long-term care facilities.

It is also important to remind parents with young children that New Jersey state law requires all children in daycare and preschool receive a flu vaccination before December 31st. Children who had not received the vaccination by January 1st will be excluded from school or daycare.

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Along with getting vaccinated, practicing good health behaviors can help people avoid getting sick. This includes washing hands often with soap and warm water, covering one's mouth and nose with a tissue when coughing or sneezing, and staying home when ill.

The Health Department will also be offering a variety of other shots. They include the pneumococcal vaccination, meningococcal vaccination and the Tdap (tetanus-diphtheria-pertussis) vaccination for adults.

For more information please contact the Health Department at (609) 265-5548.

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