
press Release

NEWS

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FOR IMMEDIATE RELEASE:

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GIVE YOUR FAMILY THE GIFT OF HEALTH THIS HOLIDAY SEASON

Additional Flu Vaccination Clinics Added in Month of December

As the holidays approach, crowds in malls and other public places start to grow and so does your risk of exposure to germs — like the virus that causes influenza (flu). County residents can protect themselves and their families this holiday season by getting vaccinated against the flu.

The Burlington County Health Department will be at the Burlington Center Mall from 5pm-7pm on December 2nd, December 9th and December 16th providing flu vaccinations to any county resident 6 months of age and older.

“Flu can be much more than a nuisance. It kills thousands of people across the country every year,” said Burlington County Health Officer, Robert Gogats. “Flu shots are one easy way to stay healthy this time of year. While it’s especially important that young children, people over 50 and those with chronic medical conditions get vaccinated, we are encouraging everyone to get their flu shot.”

In Burlington County, flu season usually peaks in January or later so getting vaccinated now helps prevent flu throughout the season. Everyone can benefit from a flu shot; however, it’s crucial for many people who are at high risk for complications. This includes anyone over 50; children 6 months to 5 years old; and children and adults with chronic medical conditions such as diabetes or heart disease. Also at high risk are pregnant women and residents of nursing homes or long-term care facilities.

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PRESS RELEASE: Flu Clinics – 11/16/10 – Add One

It is also important to remind parents with children in daycare and preschool that New Jersey state law requires all children in daycare and preschool receive a flu vaccination before December 31st. Children who had not received the vaccination by January 1st will be excluded from school or daycare.

Along with getting vaccinated, practicing good health behaviors can help people avoid getting sick. This includes washing hands often with soap and warm water, covering one's mouth and nose with a tissue when coughing or sneezing and staying home when ill.

The Health Department will also be offering a variety of other shots to help families stay healthy. They include the pneumococcal vaccination, meningococcal vaccination and the Tdap (tetanus-diphtheria-pertussis) vaccination for adults.

For more information please contact the Health Department at 609-265-5548.

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