Press Release

NEWS

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FOR IMMEDIATE RELEASE

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BURLINGTON COUNTY'S PENNINGTON PARK HOSTS THIS WEEKEND'S "SNEAKER SUNDAY" EVENT

<u>Families Encouraged To Celebrate "Grandparents' Day"</u> <u>At The Delanco Park</u>

Burlington County's Pennington Park in Delanco will be the site of the next "Sneaker Sundays" event this Sunday, September 9th, and Freeholder Mary Ann O'Brien is promoting it as the ideal way for families to celebrate "Grandparents' Day."

"From the beginning, when we kicked off these monthly leisurely walks to discover the parks, we were also envisioning this as healthy exercise for residents of all ages," said O'Brien, "and that includes children and seniors.

"This Sunday's walk on Pennington's trails is particularly well-placed and well-scheduled, since the park is located in close proximity to Traditions at Newton's Landing and The Point, 55-and-over communities, and it also happens to be 'Grandparents' Day."

She said representatives from the County's Health Department and Office on Aging will also be in attendance, to provide information on programs and services.

The walk will begin promptly at 12 noon at the kiosk adjacent to the parking lot. It will be led by Freeholder O'Brien and a park ranger who, over the course of an hour or so, will point out the habitats, and variety of wildlife and bird species that can be found on the site.

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Located on Creek Road, this 140-acre park includes a total 2.3 miles of trails. With views of the beautiful Rancocas Creek, it features several habitat types including forests, wetlands, tidal pond and marshland, creek shoreline, and meadows.

This is the fifth in a series of six "Sneaker Sundays" trail events. There are no fees or pre-registration required.

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