


BURLINGTON RIVERFRONT YMCA POOL SCHEDULE: EARLY SPRING SESSION

FEB 15th, 2019 – April 29th, 2019

*SUBJECT TO CHANGE: DOWNLOAD APP OR CHECK OUR WEBSITE WWW.PHILAYMCA.ORG

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<u>5:30am-8am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	<u>5:30am-8am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	<u>5:30am-8am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	<u>5:30am-8am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	<u>5:30am-8am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	<u>7-10am</u> Swim Team 3 Lanes 3 Lap Lanes Open 9a-10am 1 Lap Lane Open	<u>8am -10am</u> Lap Swim 4 Lap Lanes 2 Walk Lanes	
<u>5:45am-6:45am</u> Aqua Mix: Susan 2 Lanes	<u>8am-8:50am</u> Aqua Low: Pat H. 3 Lap Lanes Open	<u>5:45am-6:45am</u> Aqua Mix: Susan 2 Lanes	<u>8- 8:50am</u> Aqua Low: Pat H. 3 Lap Lanes Open	<u>8-8:50am</u> Aqua Low: Leslie D 3 Lap Lanes Open	<u>9am-1pm</u> Swim Lessons: 4 Lanes 10am-1pm 2 Lap Lanes Open	<u>10-12pm</u> Family Swim: 2 Lanes 4 Lap Lanes Open	
<u>8-8:50am</u> Aqua Low: Pat H. 3 Lap Lanes Open	<u>9-9:50am</u> Aqua High: Pat H 2 Lap Lanes Open	<u>8-8:50am</u> Aqua Low: Pat H. 3 Lap Lanes Open	<u>9-9:50am</u> Aqua High: Leslie T 3 Lap Lanes Open	<u>9- 9:50am</u> Aqua High: Leslie D 3 Lap Lanes Open	<u>1-1:50pm</u> Aqua Low: Lola 3 Lap Lanes Open	<u>12-12:50pm</u> Pilates/Tai Chi 2 Lanes	
<u>9-9:50am</u> Aqua High: Pat H 3 Lap Lanes Open	<u>10-10:50am</u> Joint Effort: Barb 2 Lap Lanes Open	<u>9-9:50am</u> Aqua High: Pat H 3 Lap Lanes Open	<u>10-10:50am</u> Joint Effort: Leslie T 2 Lap Lanes Open	<u>10-10:50am</u> Joint Effort: Leslie D 3 Lap Lanes Open	<u>1:50-4:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>12:50-3:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	
<u>10-10:50am</u> Joint Effort: Pat H 2 Lap Lanes Open	<u>11am-1:00pm</u> Open Swim: 2 Lanes 4 Lap Lanes Open	<u>10-10:50am</u> Joint Effort: Barb 3 Lap Lanes Open	<u>11am-1:00pm</u> Open Swim: 2 Lanes 4 Lap Lanes Open	<u>11am-1:00pm</u> Open Swim: 2 Lanes 4 Lap Lanes Open	<u>4:00-5:30pm</u> Family Swim: 2 Lanes 4 Lap Lane Open	<u>3-4:30pm</u> Family Swim: 2 Lanes 4 Lap Lanes Open	
<u>10:30-11:00am</u> Swim Lessons	<u>11am-1:00pm</u> Open Swim: 2 Lanes 4 Lap Lanes Open	<u>11am-1:00pm</u> Open Swim: 2 Lanes 4 Lap Lanes Open	<u>1:00-3:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>1:00-4:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	  NEW & IMPROVED JUST LIKE YOU <small>DOWNLOAD THE UPDATED APP TODAY!</small>  		
<u>1:00-4:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>3-4:00pm</u> Strive 2 Lanes 4 Lap Lanes Open	<u>1:00-4:00pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>3-4:00pm</u> Strive: 2 Lanes 4 Lap Lanes open	<u>4:00-6:00pm</u> Family Swim: 2 Lanes 4 Lap Lane Open 4:00-6:00pm			
<u>4:00-6:00pm</u> Family Swim: 2 Lanes 4 Lap Lane Open 4:00-5:00pm	<u>4:00-7:00pm</u> Family Swim: 2 Lanes 4 Lap Lane Open 4:00-5:00pm	<u>4:00-6:00pm</u> Family Swim: 2 Lanes 4 Lap Lane Open 4:00-5:00pm	<u>4:00-6:15pm</u> Family Swim: 2 Lanes 4 Lap Lane Open 4:00-5:00pm	<u>6:00-9:00pm</u> Swim Team: 4 Lanes 2 Lap Lanes Open			
<u>5:00-7:45pm</u> Swim Lessons: 3 Lanes 1 Lap Lane Open 5:00-6:30pm	<u>5:00-7:45pm</u> Swim Lessons: 3 Lanes 1 Lap Lane Open 5:00-7:00pm	<u>5:00-7:45pm</u> Swim Lessons: 3 Lanes 1 Lap Lane Open 5:00-6:00pm	<u>5:00-7:45pm</u> Swim Lessons: 3 Lanes 1 Lap Lane Open 5:00-6:30pm	<u>9 -9:30pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes 1 Lap Lanes Open			
<u>6:30-7:20pm</u> Aqua Mix: Annie No Lap Lanes 6:15-7:30pm	<u>7:30-9:00pm</u> Swim Team 3 Lanes 2 Lap Lanes Open 8:00-9:00pm	<u>6:00-9:00pm</u> Swim Team 3 Lanes 2 Lap Lanes Open 7:30-9:00pm	<u>6:30-7:20pm</u> Aqua Fit: Water Walking Lola No Lap Lanes 6:15-8:30pm				
<u>7:00-9:00pm</u> Swim Team 3 Lanes 2 Lap Lanes Open 7:30-9:00pm	<u>9 -9:30pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>6:30-7:20pm</u> Aqua Mix: Annie No Lap Lanes 6:15-7:30pm	<u>7:30-8:20pm</u> Pilates/Tai Chi: Lola 1 Lap Lanes 8:00-8:30pm				
<u>9 -9:30pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes		<u>9 -9:30pm</u> Lap Swim 4 Lap Lanes 2 Run/Walk Lanes	<u>7:30-9:00pm</u> Swim Team 3 Lanes 2 Lap Lanes Open 8:30-9:00pm				